



Coronavirus

EN

# Protection against infection in road freight transport

## Information for companies with driving personnel



As little contact with other people as possible: social distancing is the best way to protect against infection. For drivers, it is of course very difficult to always maintain the required minimum distance of 1.5 m or to work from home. This makes it all the more important to reduce personal contact with others to a minimum and to consistently adhere to the basic rules of infection control.

### Enabling contactless working

- When coordinating with the consignors and consignees of goods, make sure that your drivers do not have to come into personal contact with others. Inform your employees about appropriate protective measures, such as in-trays and out-trays for freight documents and contactless modified work processes at loading ramps.

#### Best Practice

A general cargo cooperative has the recipients of the shipment sign the package or the address label. The driver then takes a photo each of the signed label and the delivered shipment.

- Ensure that contact between driving personnel and other employees in the company is kept to an absolute minimum. This includes, for example, staggering shift changes and avoiding meetings on company premises.
- If the minimum distance of 1.5 m cannot be maintained, at a minimum a medical face mask should be supplied and worn..
- Make sure drivers have access to sanitary facilities. Support them by finding out where sanitary facilities are available along their route. A list of all freely accessible toilets and showers for drivers can be found at [www.docstop.eu/sanistop](http://www.docstop.eu/sanistop).
- If hand hygiene cannot be guaranteed on the road, drivers should be supplied hand sanitiser or a sufficiently large water canister and hand soap, disposable towels, and bin liners.

### Support infection protection of the driving personnel

- Provide sufficient and suitable hand sanitiser in the company. If you do not want to grant outside potentially infectious persons access to your premises, you should at a minimum provide running water, soap dispensers, and disposable towels.
- To keep external contact to a minimum, it is advisable that drivers take provisions with them. With good hand hygiene and by keeping a safe distance from others, it is also safe to use service stations and petrol station shops.

## Cleaning contact surfaces in and on the vehicle

The use of vehicles by several employees should be avoided or minimised. Vehicles that are alternately driven by several drivers should as a minimum be cleaned when changing the driving personnel:

- make sure that operating elements, handles, and other surfaces are thoroughly cleaned with grease-dissolving household cleaners. Disposable cloths soaked in detergent or soapy water are ideal for this purpose and should be disposed of after use. Alternatively, chemical disinfectants with at least a limited antiviral effect can be used – but they do not guarantee any additional benefit.
- Ideally, textiles such as curtains or sheets should be dry cleaned. Alternatively, they can be cleaned in the washing machine with detergent and at 60° C. Subsequent ironing helps with disinfection. It should go without saying that drivers should use their own or personally assigned towels, sheets, and blankets, which should be washed after use.

Before the vehicle is used by others, the driver's cab should also be thoroughly ventilated.

## Contact with loading equipment and freight containers

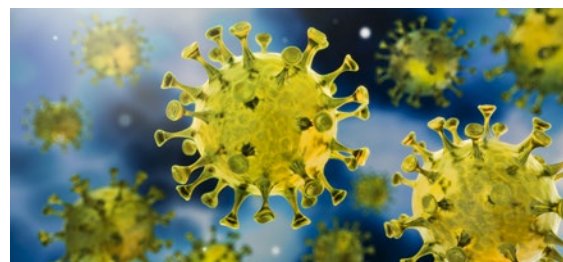
To date, no cases have been reported where infection has occurred through contact with transport packaging or goods.

## If an employee falls ill

- If an employee develops symptoms such as a fever, a cough or shortness of breath, they must leave the company premises immediately and stay at home. The affected person should then consult an attending physician as soon as possible, initially by telephone.
- Encourage drivers who have fallen ill while on the road to contact a doctor at the first sign of flu-like symptoms. They can request the telephone numbers of partner doctors via the Europe-wide hotline 00800 03627867 provided by DocStop für Europäer e.V. ([www.docstop.eu](http://www.docstop.eu)). They should be contacted by phone first. After describing the symptoms, a decision will be made on how to proceed. If a Coronavirus infection can be ruled out, the driver will be given an appointment. If there is a possibility of infection, the doctor will describe the subsequent procedure.

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## Quick question

Which recommendations for infection control should companies follow? The regulations of the federal states and those of the local authorities where applicable also apply to those insured with BG Verkehr. The SARS-CoV-2 occupational health and safety standard, the SARS-CoV-2 occupational health and safety rule and the SARS-CoV-2 occupational health and safety regulation of the BMAS as well as their industry-specific specifications by the BG Verkehr must also be observed. In everyday work, company doctors and occupational safety specialists are qualified contact persons.

Current information from BG Verkehr  
Industry-specific regulations and information:

[www.bg-verkehr.de/coronavirus](http://www.bg-verkehr.de/coronavirus)

Media from the DGUV (free of charge)

Flyer: [Coronavirus SARS-CoV-2 – Verdachts-/Erkrankungsfälle im Betrieb](#)

Poster: [Coronavirus – General protective measures](#)

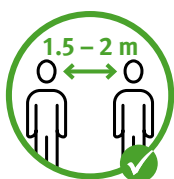
Further information

[www.bmas.de](http://www.bmas.de)

[www.rki.de](http://www.rki.de)

[www.infektionsschutz.de](http://www.infektionsschutz.de)

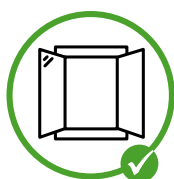
## General protective measures



**Keep your distance!**



**Wear a mask!**



**Ventilate regularly!**



**Wash your hands thoroughly!**